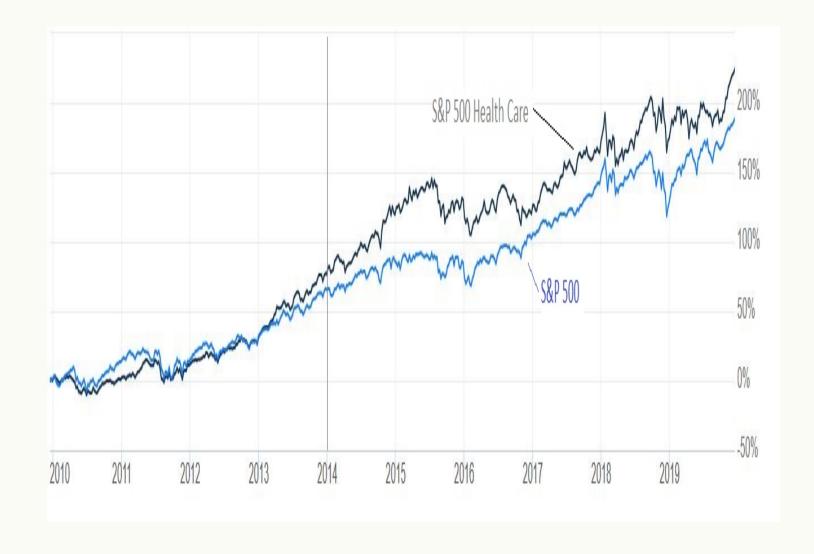
Health Care

Dr. Robert Sonora

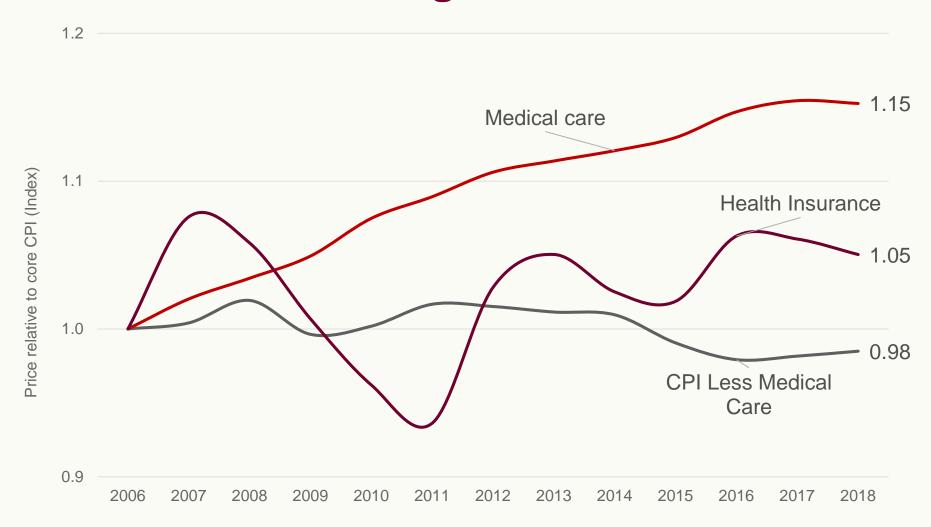
Associate Director | Director Health Research
Bureau of Business and Economic Research
Senior Research Professor
University of Montana



Overview



Price of Health Care is Rising



Waste in health care

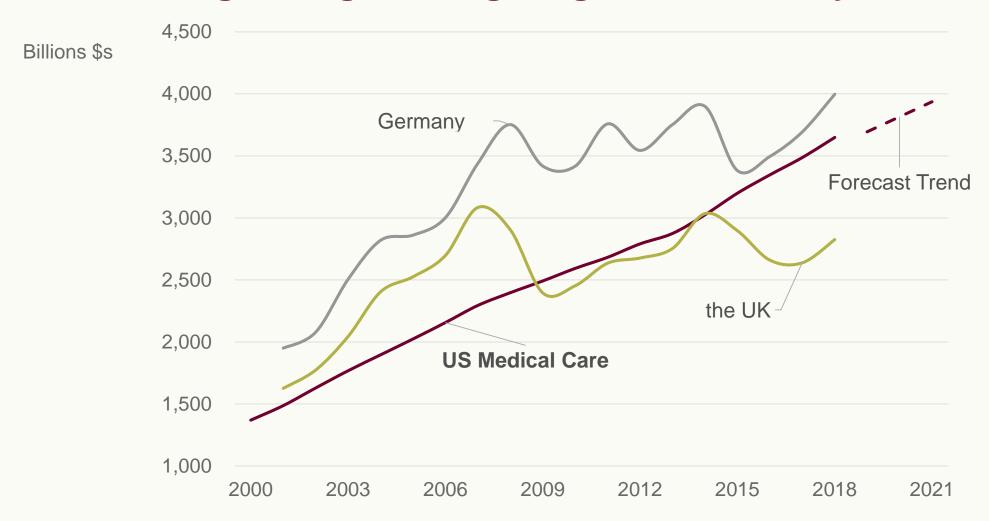
	Costs, \$US Billion		
Domain	Annual Estimates	Total Range	
Failure of Care Delivery			
Hospital-acquired conditions and adverse events ¹⁸⁻²²	5.7-46.6	102.4-165.7	
Clinician-related inefficiency (variability in care, inefficient use of high-cost physicians) ^{27,28}	8.0		
Lack of adoption of preventive care practices (obesity, vaccines, diabetes, hypertension) ²³⁻²⁶	88.6-111.1		
Failure of Care Coordination			
Unnecessary admissions and avoidable complications 19,29	5.9-56.3	27.2-78.2	
Readmissions ^{30,31}	21.25-21.93		
Overtreatment or Low-Value Care			
Low-value medication use ^{12,32-35}	14.4-29.1	75.7-101.2	
Low-value screening, testing, or procedures 14,36,37	17.2-27.9		
Overuse of end-of-life care ³⁸	44.1		
Pricing Failure			
Medication pricing failure ⁸	169.7		
Payer-based health services pricing failure ^{39,40}	31.4-41.2	230.7-240.5	
Laboratory and ambulatory pricing ⁴¹	29.7		
Fraud and Abuse			
Fraud and abuse in Medicare ⁴²⁻⁴⁴	58.5-83.9	58.5-83.9	
Administrative Complexity			
Billing and coding waste ⁴⁵	248	265.6	
Physician time spent reporting on quality measures ¹⁰	17.6	265.6	
Total		760-935	

Source: Shrank, Rogstad, and Parekh N. "Waste in the US Health Care System: Estimated Costs and Potential for Savings" *Journal of the American Medical Association* (10/2019)

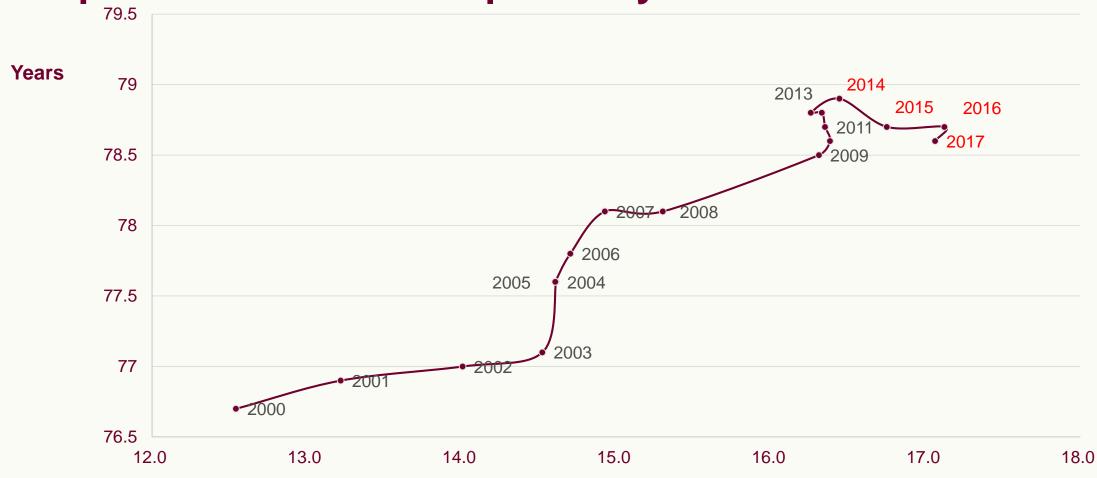
Waste: \$760-935 billion



"A-Medic-a" is growing: 5th largest global economy

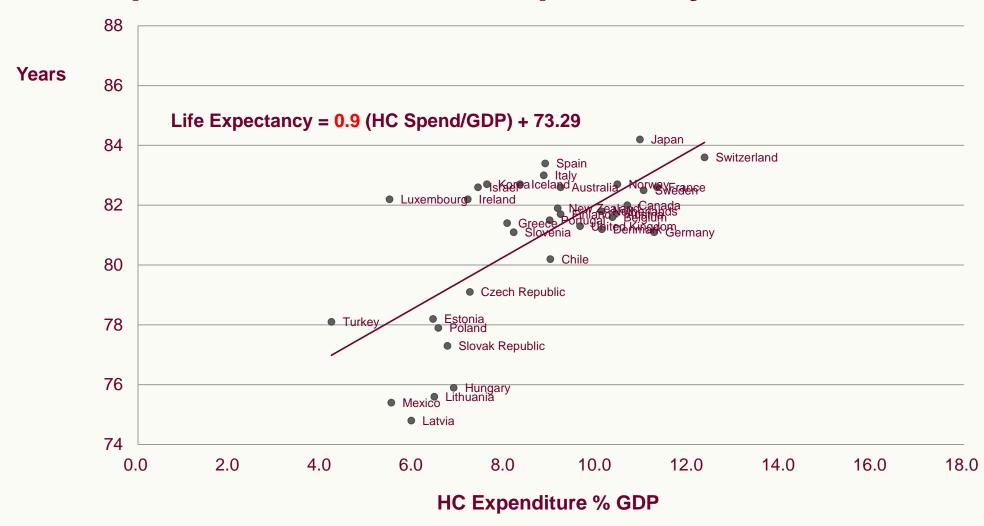


US Expenditure and Life Expectancy

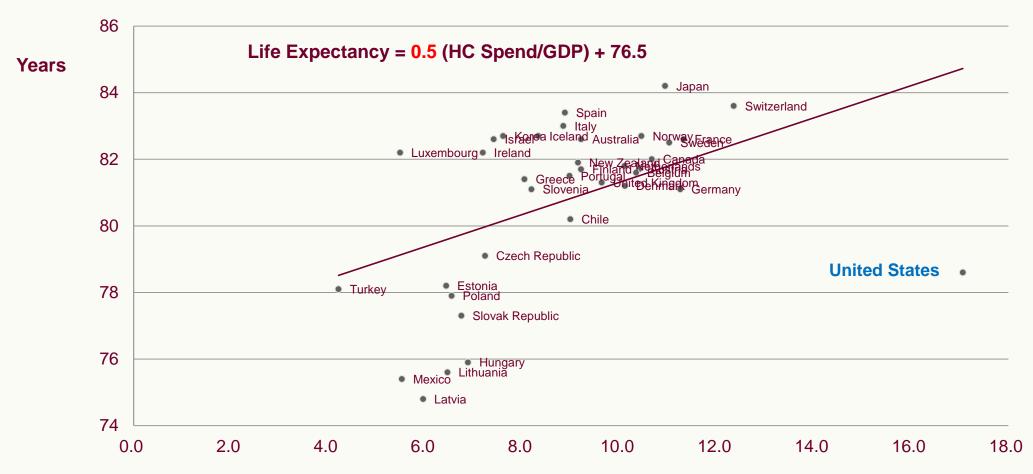


HC Expenditure % GDP

Health Expenditure and Life Expectancy: OECD



Health Expenditure and Life Expectancy: OECD



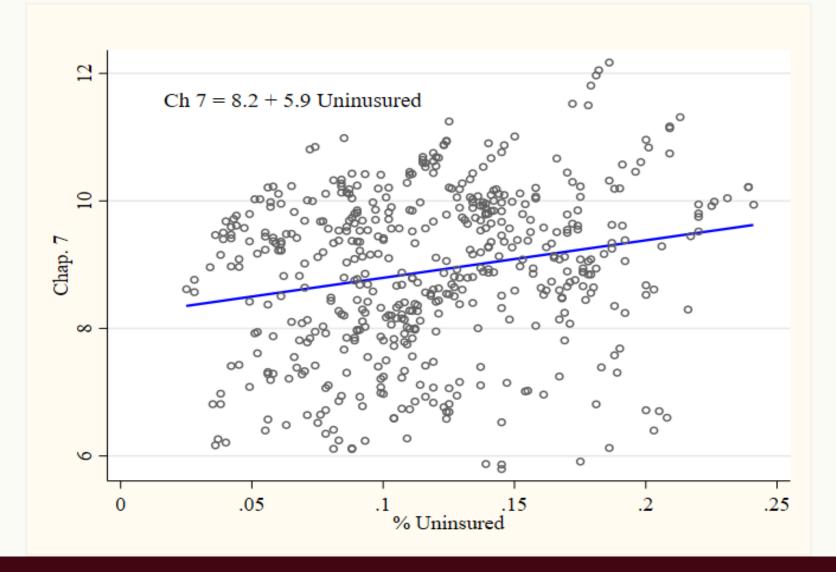
HC Expenditure % GDP

Other Health Care Impacts



US: Chapter 7 and % Uninsured

Nationally, 66% personal bankruptcy due to medical reasons



Health care and foreclosure

13% of foreclosures due to medical expenses and illness

Uninsured more likely to go into foreclosure

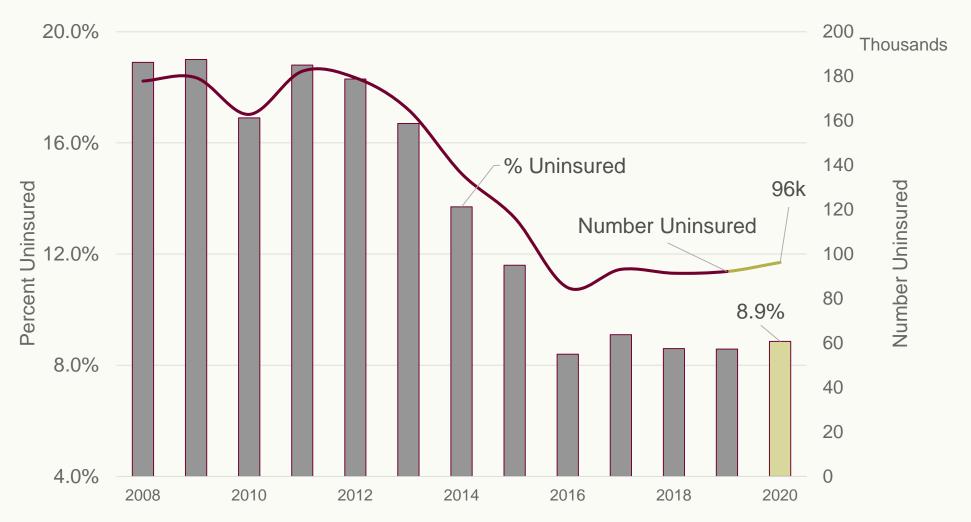
Montana Health Care



Medicaid extension passed, HB0658

- BBER study: 2016 2020
 - \$1.6 billion economic impact
 - -6,000 jobs
- Additional requirements
 - Work, education, caretaker, increase in premiums and paperwork
 - Expected ≈ 4,000 Montanans lose coverage (4%) → could reduce economic impact

Uninsured Montana

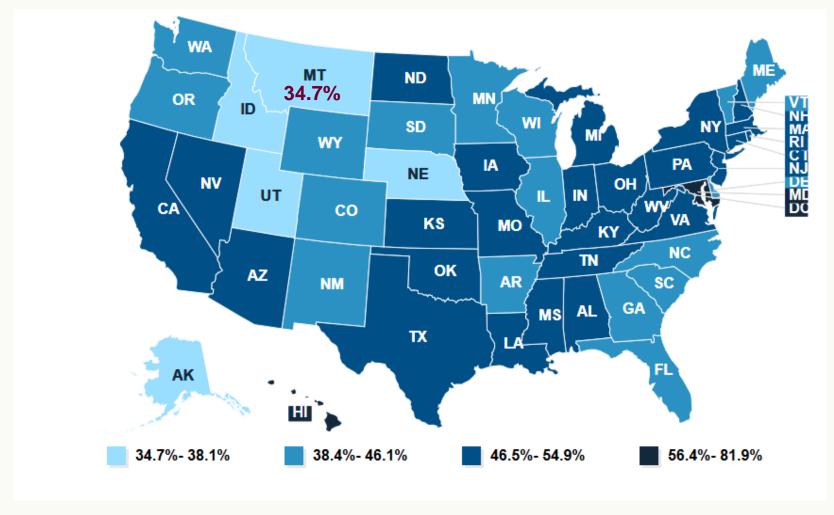


Lost insurance with additional requirements

AR: 25%

NH: 40%

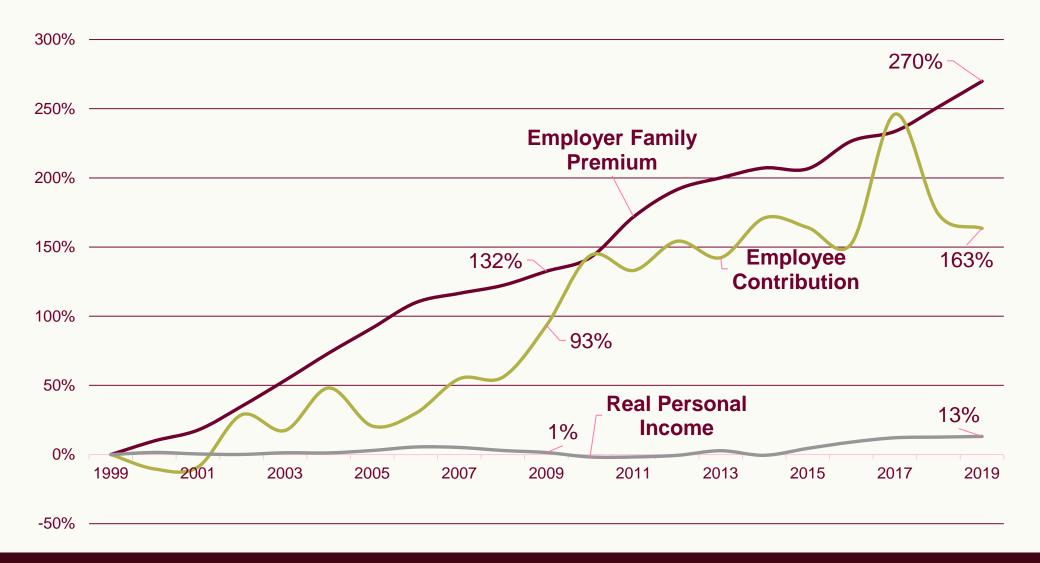
Percent private firms offer insurance, 2018



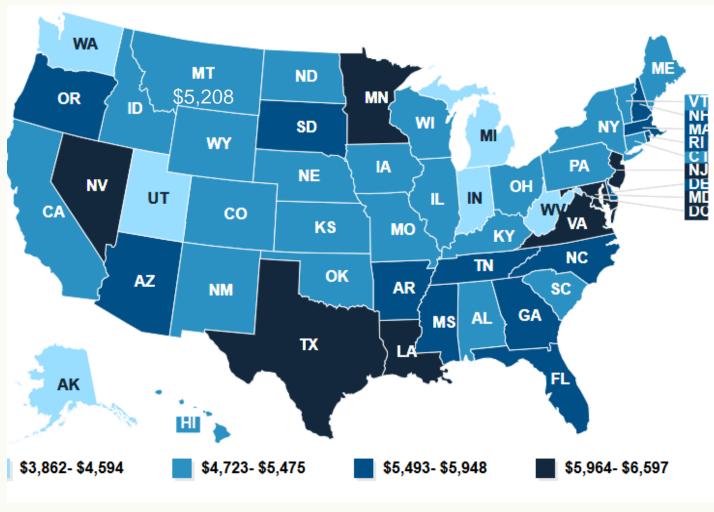
(source: Kaiser Family Foundation)



Cumulative growth in Western states 1999 - 2019



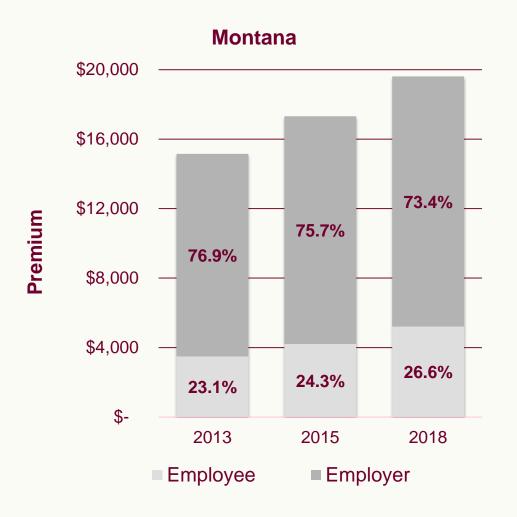
Average annual family premium 2018



(source: Kaiser Family Foundation)

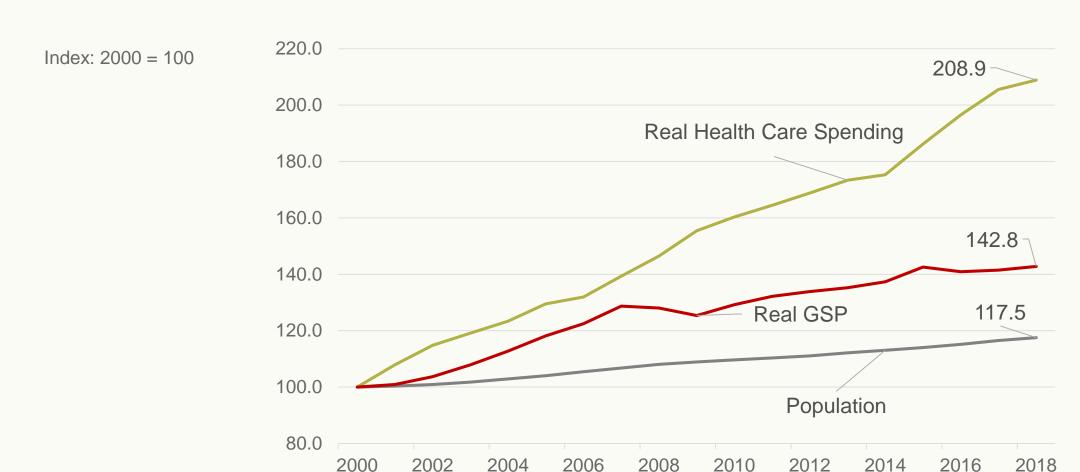


Insurance premium contributions





MT: Health Care, Real GSP, Population



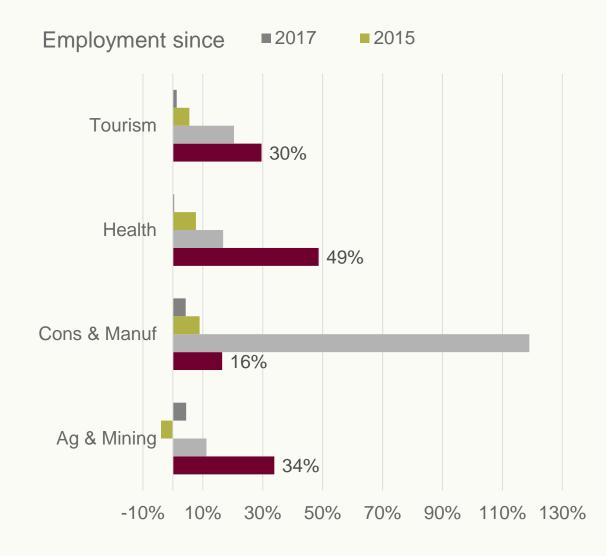
Healthcare share of household expenditures

% household expenditures



Cumulative growth by sector from 20_ to 2018





MT Health "Score Card"

	US	Montana
% Children Immunized	70.4%	66.2%
Smoking	16.4%	17.2%
Alcohol Dependence	5.8%	8.0%
Opioid Misuse	4.3%	4.4%
Life Expectancy (years)	78.7	78.6
Physical Activity	73.4%	75.0%
Adult Obesity	65.4%	62.2%
Infant Mortality (per 1,000)	5.9	5.8
Heart Disease (per 100,000)	165.0	155.0
Diabetes (per 100,000)	21.5	21.6
Firearms (per 100,000)	12.0	22.5
Suicide (per 100,000)	14.0	28.9
Cancer (per 100,000)	152.5	152.6
Hypertension	32.4%	29.0%
Hospital inpatient expenses/day	\$2,424	\$1,070

(Source: Kaiser Family Foundation, green/red better/worse than national average)



MT: Urban-Rural Divide

	Urban	Rural
Age-Adjusted Mortality (per 1,000)	349.0	348.6
Infant Mortality Rate (per 1,000)	5.4	8.0
% Frequent Physical Distress	10.3	10.8
% Frequent Mental Distress	10.7	11.1
% Diabetic	8.0	9.2
% Food Insecure	12.7	12.5
% Uninsured	14.2	19.0
Costs	\$7,616	\$7,708
Firearm Fatalities Rate (per 1,000)	20.1	28.6

Urban = <35% rural and Rural = >75% rural

ACA premium **Silver** with 40 yr old with income \$40,000

- average age in MT is 40
- Median real per capita income in MT is \$46k

"Silver Loading"

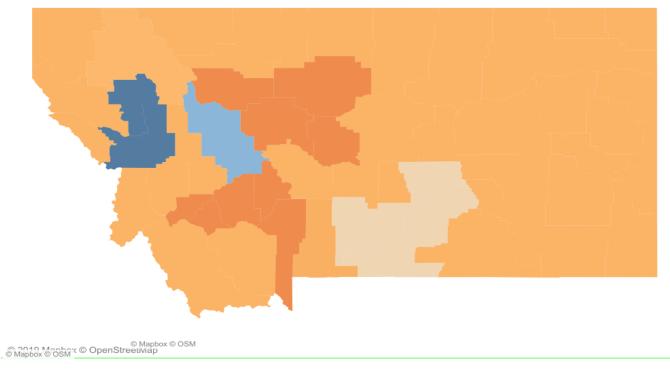
Change in Lowest-Cost Metal Plan Before and After Tax Credit, 2019-2020

Metal LevelExample Age and IncomeSilver40-year-old with income of \$40,000 (320% of poverty)

Select State (Optional)
Montana

Change in Lowest-Cost Monthly Premium, 2019-2020

\$31



SOURCE: Kaiser Family Foundation analysis of premium data from Healthcare.gov and a review of state rate filings.

NOTES: California, Vermont, and Massachusetts offer additional income-based subsidies not reflected in the premiums shown here. In Minnesota and New York, some low-income enrollees are eligible for alternative Basic Health Program coverage. For most states running their own exchange, premiums are at the rating area level. All premiums are displayed as the full price, rather than just the portion that covers essential health benefits.



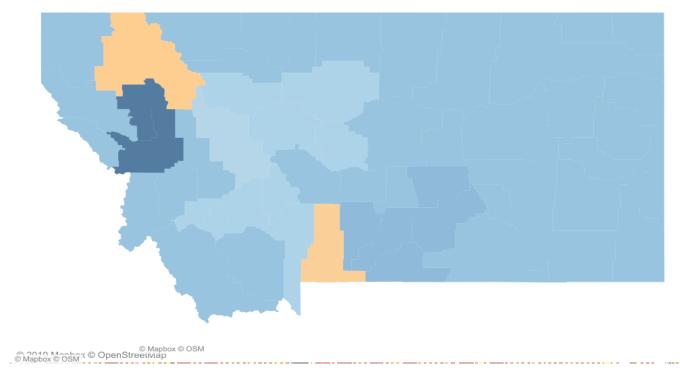
ACA premium **Gold** with 40 yr old with income \$40,000

Change in Lowest-Cost Metal Plan Before and After Tax Credit, 2019-2020

Metal LevelExample Age and IncomeSelect State (Optional)Gold40-year-old with income of \$40,000 (320% of poverty)Montana

Change in Lowest-Cost Monthly Premium, 2019-2020

\$43



SOURCE: Kaiser Family Foundation analysis of premium data from Healthcare.gov and a review of state rate filings.

NOTES: California, Vermont, and Massachusetts offer additional income-based subsidies not reflected in the premiums shown here. In Minnesota and New York, some low-income enrollees are eligible for alternative Basic Health Program coverage. For most states running their own exchange, premiums are at the rating area level. All premiums are displayed as the full price, rather than just the portion that covers essential health benefits.



Thank You

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